

Patients' daily routine

Alexander Kleine (severe trauma after traffic accident)

06:00 a.m. - Vital signs monitoring: blood pressure, heart rate, respiratory rate, temperature

07:00 a.m. - Morning round by the intensive care team: checking the patient's status, wound care

08:00 a.m. - Medication administration: painkillers (morphine), antibiotics (ceftriaxone)

09:00 a.m. - Early morning ward round by the attending physician: assessment of healing progress, adjustment of medication

10:00 a.m. - Physiotherapy session: Mobilization and exercises to promote mobility

12:00 h - Lunch (if possible): food intake monitored by nursing staff

13:00 h - Wound revision: check and treatment of surgical wounds

14:00 h - Rest period: monitoring and documentation of vital signs, adjustment of medication as required

16:00 h - Evening ward round by the attending physician: discussion of progress, planning of further treatment

17:00 h - Administration of medication: painkillers and sedatives

Laura Schmidt (acute respiratory distress syndrome due to COVID-19)

06:00 a.m. - Monitoring of vital signs and ventilation settings

07:00 a.m. - Morning rounds by the intensive care team: check of ventilation settings and lung function

08:00 a.m. (administration of medication: antivirals Remdesivir), corticosteroids Dexamethasone)

09:00 a.m. - Respiratory therapy: Supportive measures to improve lung ventilation

11:00 a.m. - Physiotherapy: Breathing exercises to support lung cleansing

12:00 h - Lunch (nutrition through a nasogastric tube, if necessary): Monitoring of nutrient intake

13:00 h - Rounds by the respiratory therapy team: adjustment of ventilation therapy according to the latest findings

15:00 h - Rest time: monitoring of vital signs and ventilation

16:00 h - Evening ward round by the attending physician: evaluation of progress and adjustment of therapy

17:00 h - Administration of medication: continuation of antiviral therapy and corticosteroids

(Midazolam) for the night

18:00 h - Physiotherapy: light movement exercises to improve muscle strength

20:00 h - Preparation for the night's rest: check vital signs, check patient comfort

22:00 h - Last medication of the day and monitoring of the night

18:00 h - Respiratory therapy: Checking the ventilation settings and breathing exercises

20:00 h - Preparation for the night's rest: checking vital signs and ventilation settings

22:00 h - Night monitoring: adjustment of ventilation settings if necessary

Hans Müller (heart attack with heart failure)

06:00 a.m. - Vital signs check: monitoring of heart rate, blood pressure and oxygen saturation

07:00 a.m. - Morning rounds: Assessment of cardiac function, adjustment of medication

08:00 a.m. - Medication administration: platelet aggregation inhibitors

09:00 a.m. - Early morning ward round by the attending physician: assessment of healing progress, adjustment of medication

10:00 a.m. - Physiotherapy session: Mobilization and exercises to promote mobility

12:00 h - Lunch - Dietary food): Monitoring nutrition and fluid intake

13:00 h - Rounds by the cardiologist: Assessment of progress following cardiac catheterization

14:00 h - Physiotherapy: Gentle mobilization to improve cardiac function

Elena Meyer (sepsis after abdominal surgery)

06:00 a.m. - Vital signs check: monitoring of heart rate, blood pressure and oxygen saturation

07:00 a.m. - Morning rounds: Assessment of cardiac function, adjustment of medication

08:00 a.m. - Medication administration: platelet aggregation inhibitors

09:00 a.m. - Early morning ward round by the attending physician: assessment of healing progress, adjustment of medication

10:00 a.m. - Physiotherapy session: Mobilization and exercises to promote mobility

12:00 h - Lunch - Dietary food): Monitoring nutrition and fluid intake

13:00 h - Rounds by the cardiologist: Assessment of progress following cardiac catheterization

14:00 h - Physiotherapy: Gentle mobilization to improve cardiac function

17:00 h - Administration of medication:
continuation of antiviral therapy and
corticosteroids

18:00 h - Respiratory therapy: Checking
the ventilation settings and breathing
exercises

20:00 h - Preparation for the night's rest:
checking vital signs and ventilation
settings

22:00 h - Night monitoring: adjustment
of ventilation settings if necessary

17:00 h - Administration of medication:
continuation of antiviral therapy a

18:00 h - Respiratory therapy: Checking
the ventilation settings and breathing
exercises

20:00 h - Preparation for the night's rest:
checking vital signs and ventilation
settings

22:00 h - Night monitoring: adjustment
of ventilation settings if necessary